KESKI-
SUOMEN
HYVINVOINTI-
ALUE

# GnRH test

The GnRH test is carried out at Lasten hoitokeskus.

## Why is the test carried out?

The purpose of the test is to examine the secretion of pituitary hormones that regulate the function of the gonads (sexual glands).

## Preparing for the test

The child is allowed to drink and eat breakfast as normal and take any medicines they use. If the child will have fasting blood tests, which require the child not to eat or drink anything before the blood tests, the tests will be accompanied by separate instructions.

## Conducting the test

At the beginning of the test, a venous cannula is inserted into the child for the test medication and blood tests. The child's skin is anaesthetised with anaesthetic cream before inserting the cannula. Blood samples will be taken a total of three times during the test. The test takes about 1.5 hours.

If necessary, you can get further information from Lasten hoitokeskus tel. 014 269 1974 (Mon-Fri 8-12:15). If your child has a special diet, please inform Lasten hoitokeskus in advance.