

Egg retrieval (ovum pickup)

Ovumia

Väinönkatu 30

40100 Jyväskylä

phone: 020 747 9313

Time for your appointment is _____. _____ 20____ at _____.

Women need to be at the clinic half an hour before the procedure.

Before the procedure

- You may eat a light breakfast before the appointment
- The semen sample should be gathered after a 1–3-days abstinence from sexual activity
- Take 1 g Paracetamol one hour before the appointment time.
- Empty your bladder before the procedure

During the procedure

- You will be given a sedative analgesic to manage pain. The medications will be given intravenously (i.v).
- After the procedure, you will be monitored at the clinic for 1-2 hours.
- Due to the medication, you cannot drive a car after the procedure.
- You may experience some bleeding and pain in your abdomen for a few days afterwards. In the case of severe pain, increasing pain, shortness of breath or a fever, you will need to contact the hospital

Embryo transfer

- During the embryo transfer your bladder should be half-full
- You will get a laboratory referral for the pregnancy test at Naistentautien poliklinikka
- Avoid heavy exercise and sexual activity for 1-2 weeks afterwards.

If you have questions call: Naistentauti- ja äitiysyksikkö tel. 014 269 1023, Monday to Friday 8:00-14:00. After office hours call Synnytysvastaanotto tel. 014 269 1204