

## Administering a bronchodilating asthma medicine (Ventoline) at home

The medicine (Ventoline) should be administered, as necessary, for respiratory symptoms (e.g. cough, shortness of breath). The medicine takes effect in just a few minutes and lasts for about 4–6 hours.

### Administration of the medicine with a short spacer (AeroChamber):

Administer **1** puff (dose) of the medicine into the spacer.

The child inhales the medicine:

- with a mask -> 5–6 times back and forth so that the mask is tight on the face covering the nose and mouth
- without a mask -> 3 times back and forth with the mouthpiece tight between the lips and teeth

**Doses of medication as prescribed by the doctor, but if the symptoms get worse, 2 to 4 sprays every 4 hours for 4 days can be administered.**

If the medication does not help and your child's condition worsens, you must take the child to your own health care centre or emergency clinic.

*If you have any questions, you can call the Paediatric Outpatient Clinic tel. 014 269 1224 (Mon-Fri 8 am to 1 pm)*

*On-call service's Medical Helpline tel. 116 117. If the Medical Helpline's number does not work, call the telephone guidance number of the on-call service, tel. 014 269 2200.*