KESKI-
SUOMEN
HYVINVOINTI-
ALUE

Arginine test

The test examines whether or not the child's growth hormone secretion is reduced. The test will be conducted at Lasten hoitokeskus.

Preparing for the test

The test will be conducted before noon. The child must be without food overnight. The child can have a normal evening snack the previous evening, but the child may not eat anything in the morning. The child may drink water in the morning and during the test. The child must not have an infectious disease like an upper respiratory tract infection, which requires an antibiotic, or be in fever or have a stomach flu.

Progress of the test

At the beginning of the test, two venous cannulae are inserted into the child. One is for administering arginine and the other for taking blood samples. If you wish, it is possible to apply anesthetic cream on the skin beforehand. Blood samples are taken five times every 30 minutes.

The test lasts for about 3 hours.

During the test, the child is lying down, and the nurse will monitor the child’s well-being throughout the test. The parents can be with the child during the test.

After the test, the child may eat normally. Please inform Lasten hoitokeskus of any special diet that the child may have.

If necessary, you can get more information from Lasten hoitokeskus, tel. 014 269 1974 (Mon–Fri 8-12:15).